



SKY POOL SCHEDULE



 LAP SWIM

	MONDAY & WEDNESDAY						TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY											
	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1						
5:45am	6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am		6am							
6am																																				
7am	6:30-7:30am Masters				7am		7am		7am			7am		7am				6-7:30am Swim Team	7am		7am		7am		7am		7am		7am							
8am	8am		8am		8am		7-8am Technique Development				8am		7-8am Distance Swim Development				8am		7:30-9am Masters Advanced						8am		8am		8am							
9am	Monday & Wednesday, 7:30-9am 6 Lanes available						Tuesday & Thursday, 8-9am 6 Lanes available						8-9am 6 Lanes available																							
10am	9-10am Aqua Fitness						9-10am Swim Fit				9-10am Aqua Fitness Advanced			9-10am Swim Fit						9-10:30am Weekend Kids Group								9-11am Weekend Kids Group								
11am	10-11am Adult Stroke Advanced						10-11am Adult Stroke Beginner						10-11am Adult Stroke Beginner												10:30am-2:30pm Private Lessons						11am-2:30pm Private Lessons					
12pm	11-11:30am Parents & Tots						11-11:30am Parents & Tots						10am-5:30pm Private Lessons						10:30am-2:30pm Private Lessons						11am-2:30pm Private Lessons						11am-2:30pm Private Lessons					
1pm	12-4pm Private Lessons						12-4pm Private Lessons						10am-5:30pm Private Lessons						10:30am-2:30pm Private Lessons						11am-2:30pm Private Lessons						11am-2:30pm Private Lessons					
2pm	12-4pm Private Lessons						12-4pm Private Lessons						10am-5:30pm Private Lessons						10:30am-2:30pm Private Lessons						11am-2:30pm Private Lessons						11am-2:30pm Private Lessons					
3pm	2-4pm Private Lessons						2-4:30pm Private Lessons						2:30-5:30pm Private Lessons						10:30am-2:30pm Private Lessons						11am-2:30pm Private Lessons						11am-2:30pm Private Lessons					
4pm	4-4:30pm Level 1		4-4:30pm Intro				4-4:30pm Level 1						2:30-5:30pm Private Lessons						10:30am-2:30pm Private Lessons						11am-2:30pm Private Lessons						11am-2:30pm Private Lessons					
5pm	4:30-5:30pm Level 2		4:30-5:30pm Level 3		4:45-5:45pm Level 5 Junior Squad		4:45-5:30pm Level 4		4:45-5:30pm Lap Swim		4:45-5:30pm Level 2		4:45-5:45pm Level 3		4:45-5:45pm Level 5 Junior Squad		4:45-5:30pm Level 4		4:45-5:30pm Lap Swim		4:45-5:30pm Level 2		4:45-5:30pm Level 3		4:45-5:45pm Level 5 Junior Squad		4:45-5:30pm Level 4		4:45-5:30pm Lap Swim		4:45-5:30pm Level 2					
6pm	5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad																	
7pm	5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad						5:45-7:15pm Competitive Squad																	
8pm	7:30-8:30pm Adult Stroke Advanced						7:30-8:30pm Adult Stroke Intermediate						7:30-8:30pm Adult Stroke Intermediate						7:30-8:30pm Adult Stroke Intermediate						7:30-8:30pm Adult Stroke Intermediate						7:30-8:30pm Adult Stroke Intermediate					
9pm	9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm		9pm	
10pm	10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm		10pm	

SKY POOL OFFICE: 03-4588-0700
pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- * Sky Pool Splash-A-Round: September 29, October 27, November 24 & December 23
- * Swim Clinics with Olympians: September 8, October 20 & November 10
- * TACST's Fall Invitational Meet: September 14 (Pool closure 7am-5pm)

GENERAL RULES

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.