

## SKY POOL SCHEDULE





MONDAY & WEDNESDAY							TUESDAY & THURSDAY						FRIDAY						SATURDAY						SUNDAY				
5:45am	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3 L	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2	Lane 1	Lane 6	Lane 5	Lane 4	Lane 3	Lane 2 Lane 1
6am	6am		6am		6am		6am		6am	(	6am		6am		6am		6am		6am		6am		6am		6am		6am		6am
7am		6:30–7:30am Masters  8am  Monday & Wednesday, 7:3 6 Lanes available			7am		7am	7am 7am 7am 7–8am	7	7am		7–8am			7am	6–7:30am Swim Team	7am		7am	7am	7am		7am		7am		<b>7am</b>		
8am	8am			8am dnesday, 7:30–9am es available			Technique Develo 8–9am		opment		8am		Di:	Distance Swim Development 8-	t	-9am	8am		7:30–9am Masters			8am			8am		8am		8am
9am	9am				9am		Swim Fit				9am		9am		6 Lanes availab		9am		Masters			9am		9am		9am		9am	
10am		l 0am Fitness	10am	10am			10am		10am		Aqua Fit	9–10am ua Fitness dvanced	9–10am Swim Fit			10am		9–11 Weeken	d Kids 10am	10am				9–11 Weeker	9–11am Weekend Kids	10am	1		
11am	Adult Adv	11am Stroke anced	11am		11am		Adult Begi	1am Stroke nner	11am	1	l 1am		10–1 Adult S Interm	troke		11am		Grou	ир	11am				Gro	Group	11am			
12pm	11–11:30am Parents & Tots		12pm		12pm		11–11:30am Parents & Tots		12pm	1	l 2pm				12pm		12pm			12pm	12pm					12pm			
1pm		1pm		1pm				1pm	1	1pm		10am– 5:30pm Private		1pm		1pm		11am–2 Private L	-2:30pm Lessons 1pm				11am–2 Private I	11am-2:30pm Private Lessons	1pm				
2pm	12–4pm Private Lessons		2pm		2pm		12–4pm Private Lessons	-4pm ivate ssons	2pm		2pm		Lessons		2pm		2pm				2pm						2pm		
3pm		2–4pm Private Lessons			3pm	10am		2–4pm Private Lessons	3pm	3		10am		2:30-	3pm		3pm	10am	3pm		3pm		From 9am		3pm	3pm		From 9am	
4pm	4–4:30pm Level 1	4–4:30pm P1	4pm		4pm	OPEN SWIM	4–4:30pm Level 1	4–4:30pm P1	4pm			OPEN SWIM		2:30– 5:30pm Private Lessons	4pm		4pm	OPEN SWIM	4pm		4pm		EN /IM	4pm		4pm		OPEN SWIM	
5pm	4:30–5:30pm Level 2	4:30–5:30pm Level 3	4:45–5:45pm Level 5	4:45–5:45pm Juniors	4:45–5:30pm Level 4	4:45–5:30pm Lap Swim	4:30–5:30pm Level 2	4:45–5:45pm 4:45 Juniors	45–5:30pm 4 Level 4	4:45–5:30pm Lap Swim		5pm		5pm		5pm		5pm				5pm		5pm					
6pm		5:	5:30- 45–7:15pm			5:30-6:45pm Intermediate		5:45–7:15pm				5:30–6:45pm Intermediate		5:45–7:15pm				брт		6pm			брт		6pm				
7pm	Com		petitive Squad						petitive Squad						Competitive Squad				7pm 7pm		7pm				7pm	7pm	7pm		
8pm	7:30– Adult Stro	7:30-8:30pm Adult Stroke Advanced (We		:30pm Pace pment <sub>day only)</sub>	8pm		Adult	3:30pm Stroke nediate	8pm		8pm		8pm		8pm		8pm		8pm		8pm				8pm	8pm	8pm		
9pm	9pm		9pm		9pm		9pm		9pm	Ģ	9pm		9pm		9pm		9pm		9pm		9pm				9pm		9pm		
10pm	10pm		10pm		10pm		10pm		10pm	1	I0pm		10pm		10pm		10pm		10pm		10pm				10pm		10pm		

## SKY POOL OFFICE: 03-4588-0700 pool@tac-club.org

The above schedule is subject to change without notice. Please check the Club website for the latest updates.

## UPCOMING PROGRAMS & EVENTS (details: online Aquatics page)

- \* Olympian Swim Clinics: September 7, October 19, November 9
- \* Swim Team Fall Meet: September 28
- \* Sky Pool Splash-A-Round: September 14, October 26, November 16, December 21

## **GENERAL RULES**

Users of the Sky Pool facilities do so at their own risk. The Club is not responsible for injuries resulting from negligence on the part of the user or from noncompliance with Sky Pool rules or staff instructions.